

ABSTRACT

The present invention provides an ink composition comprising a fine color particle dispersion containing an oil-soluble dye, a hydrophobic polymer and a high-boiling point organic solvent, wherein the glass transition temperature (T_g) of the hydrophobic polymer is 40°C or more. An average particle diameter of the color fine particles is preferably 0.01 to 0.5 μm and has a specific gravity of 0.9 to 1.2. A solubility of water in the high boiling point organic solvent at 25°C is preferably 4 g or less. Also, the invention provides an ink jet recording method comprising a step of forming an image by discharging the ink composition onto an ink image receiving material and a step of fusing the fine color particles contained in the ink composition on the ink image receiving material by at least one of heat and pressure.